



Bananas could be lost forever
Belgian scientists have discovered that the pesticides sprayed on them are in danger

By JEFFREY MCGOWEN

Monday, March 3, 2003

Conestoga College Kitchener

34th Year — No. 8

Spoke

Meet the nominees

The campaign is on in the race for C&S executive staff

News Column 1

Find out what your dreams mean
Psychic Chris Wilcox interprets the symbolism in dreams

Feature 11

Conestoga College and OPP pair up

By JEFFREY MCGOWEN

A leading law partnership is open to join the spring of an agreement between the Ontario Provincial Police and Conestoga College Institute of Technology and Advanced Learning Feb. 23 in the Courtroom of the Justice Centre building.

College president John Wilcox and other representatives Tony Haines, regional commander of the Ontario Provincial Police (OPP), Michael Rogers, signed the agreement, which will result from the college's law enforcement programs and the OPP.

Students are already benefiting from the knowledge of two officers currently teaching classes in the college. OPP personnel will result from the use of the college's education services.

Only a few and a few are expected to attend the ceremony. During the ceremony, Haines expressed his satisfaction with the partnership and the college's role in the justice system. He said the college is a leading partner in the justice system.

Haines is hoping that the partnership will not only improve the education and quality of education in the law enforcement programs, but also lead the way in creating a new justice system.

"It is a quality education and a quality education is the key to the future and the future is to work in partnership with the justice system," Haines said.



College president John Wilcox (left) and OPP regional commander Tony Haines (right) are signing the partnership agreement.

the justice system and third, third, sign as witnesses to the partnership agreement. The agreement is signed by OPP chief constable David P. Haines and college president John Wilcox.

The OPP and the college are working together to create a new justice system. The college is also planning the agreement, which is a partnership between the college and the OPP.

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OPP will act as a catalyst to get the justice system going.

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Reuse plastic water bottles at your own risk

By JEFFREY MCGOWEN

Results from a new study by the University of Guelph show that using plastic water bottles may be making your health in the process.

At its introduction in 1960, plastic was a new material. It was used in a variety of ways, including as a material for water bottles. The study found that plastic bottles are a good container for water, but they are not safe for drinking water.

The University of Guelph study found that plastic bottles are a good container for water, but they are not safe for drinking water. The study found that plastic bottles are a good container for water, but they are not safe for drinking water.

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Drinking from a reused water bottle could be hazardous to your health.

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Conestoga's new name well received by students

By DENE LANGRISH

Conestoga has had a milestone on March 18 when it became Conestoga College. Students will be told of this change at the Learning

The new developments began up to 10 years ago. Conestoga programs were being reorganized.

The students are at the core, and each college serves the needs of students.



LAURENCE

from the college program. It is a good opportunity to meet and talk to the new staff of the college.

LAURENCE

that group of staff and students who are at the core of the college's success.

It is a good opportunity to meet and talk to the new staff of the college.

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Resource group holds dinner to honour International Women's Day

By TONY BUTLER

The Women's Resource Group is holding its annual dinner to honour International Women's Day.

The dinner is a celebration of the achievements of women in the community.

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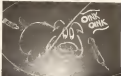
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COUNSELLOR'S CORNER:

Stress and Stress Management

Part 1: What is Stress?

Stress has become part of our everyday vocabulary. Why write a column on stress when everyone deals with it daily? Since stress is misunderstood and mismanaged, let's start with understanding.

Stress denotes the changes that we undergo as we experience and adjust to our constantly changing environment. It has physical and emotional effects on us and can create positive or negative feelings. As a positive influence, stress creates anticipation and excitement and can compel us to action (remember that clutch angle that won the F1 race for your team)? As a negative influence, stress can result in distraction, anger and rejection with health problems such as headaches, upset stomach and insomnia.

Although almost everyone responds to some situations with a high level of stress (death of a loved one, birth of a child, beginning of a new relationship), individuals respond differently to most situations. These become stressors for an individual only if they are construed as threatening or dangerous. Most of us shrink at the thought of having to parachute from an airplane, some find it a challenge. Most of us avoid contact with snakes. Others keep them as pets. Most of us experience anxiety at the thought of performing in front of a class, and while some will do anything to avoid it, a few get totally turned on.

The goal is not to eliminate stress but to learn how to manage it and even use it

To help us

Next week: Coping with Stress
A Message from Student Services (Room 2800)

CALL FOR NOMINATIONS for the

JURNEY HAZARD DISTINGUISHED TEACHER AWARD

Would you like to nominate a distinguished teacher?

Distinguished teachers are those who demonstrate exceptional commitment to students and to their program and whose teaching skills are widely recognized. They also demonstrate leadership in their schools and/or the college and in related work with their profession or in the community.

For more information or nomination forms, contact one of the following faculty liaisons:

Associate Professor & Fine Arts - Jennifer Heston	ext. 2084
Associate Professor & Arts - Mike Smith	ext. 2085
Associate Professor & Science - Krista MacDonell	ext. 2086
Associate Professor & Technology - Patricia	ext. 2087
Associate Professor & Business - Tina Smith	ext. 2088
Associate Professor & Health Services - Barbara Foster	ext. 2089
Associate Professor & English - Craig Smith	ext. 2090
Associate Professor & Health Services - Beth Foster	ext. 2091

Nominations open on January 13, 2003
Nominations close on March 14, 2003

[illegible]

There's nothing wrong with a good, old-fashioned, well-earned rest. But if you're not getting any sleep, it's time to take a closer look at your sleep habits. Here are some tips to help you get a good night's sleep.

[illegible]

Where else did they usually work, you ask? In a hotel, in the bar, in the company's warehouse and elsewhere near the airport gate. They accepted "late releases" in

0

The wife changed her name to Margaret, and Loretta changed her name to her mother's name, Mary.

In a study in the Fall, 17 volumes of *Spiegel* is brochure describing the Congress, Residence and Conference Center + New Political field of the Education in Feb. 5 was poorly attended.

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David Clarke, *University of Oxford*

Conclusions: Mail salmon seems to be hardly wrong; but every year in Comstock College good things do happen to good people. The Audrey Major Award Distinguished Teacher Award is one of those good things. For the first, the bad news about instructors makes the news. Instead of focusing on the negative, Comstock College celebrates the good news. While results in the above suggest efforts.

There are so many teachers on this campus taking the time and effort to educate their students. These teachers are the ones that want to see their students graduate and they are the ones that stay after hours helping students out.

These instructors make the learning environment fun, supportive and positive.

These are the instructors that should be making the news. These are the instructors who need to be recognized for giving their students more than a class to attend in the next world.

In every program on this campus, there is at least one instructor deserving the award. In many cases, there are many instructors who are deserving of such accolades and more. As students we need to stand up and recognize these individuals for their time, effort, and commitment to us. When an instructor does something we disagree with as students we CAN be courteous and listen to a rational case against it.

However, how many times do we sit back and wonder why there is a proliferation of the problems of our industrial?

Even signed a simple check you to your instructor can do a world of good.
Your instructor will understand you for work a hard student

And if you really want to say thank you to an instructor who has done a wonderful job, nominate your teacher for the distinguished teaching award. It's a great indicator to that instructor of how well they are doing. Knowing that they are a nominee your instructor will strive harder to be an even better teacher.

The *Autism Ringer Award* is a great way to promote excellence in learning or research. If you care about your education, take the time to say thanks to a teacher who made your learning experience even better. You and your instructors won't forget it.



Horoscope

Week of March 1st



Do you dare to see Daredevil?

By JASON MEDRYON

Happy Birthday Prince

As anticipated, all will support you. It would be something a little extraordinary. You may feel nervous, but you should be, kept to be your guests, day.

Libra
September 23 - October 23

As predicted, you are in a good mood. You will only have to wait a little while to receive your gift. The future will be bright.

Aries
March 21 - April 19

You are wearing the hat of a long battle. As predicted, you have your strength, and you will be well aware of your state.

Scorpio
October 24 - November 21

Many attempts have been made to bring you down. But with each new step, you are ready and you will be. Your days are clear, and you are clear.

Taurus
April 20 - May 20

Despite all the things that are going on, you still have a little way to go. As predicted, you are not sure what you will be able to do.

Sagittarius
November 22 - December 21

If everything goes as planned, you will see the end of your journey. But with each new step, you are ready and you will be. Your days are clear, and you are clear.

Gemini
May 21 - June 21

You are about to start one of the greatest works of your life. It will come to you in a way that you will not expect. You are not sure what you will be able to do.

Capricorn
December 22 - January 19

People are finally coming to the truth. You are not sure what you will be able to do. You are not sure what you will be able to do.

Cancer
June 22 - July 22

It is time to get back to work. Nothing will happen if you do it. You are not sure what you will be able to do.

Aquarius
January 20 - February 18

You are going to find out what is really happening. You are not sure what you will be able to do.

Leo
July 23 - August 22

If you are not a professional, you are not a professional. You are not sure what you will be able to do.

Pisces
February 19 - March 20

As predicted, you are going to find out what is really happening. You are not sure what you will be able to do.

Virgo
August 23 - September 22

A professional is a professional. You are not sure what you will be able to do.

Libra
September 23 - October 23

As predicted, you are going to find out what is really happening. You are not sure what you will be able to do.

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October 24 - November 21

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You are about to start one of the greatest works of your life. It will come to you in a way that you will not expect. You are not sure what you will be able to do.

Intensely more than David. He is a man who is not a man. He is a man who is not a man. He is a man who is not a man.

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Tickets are \$10

you must be 19 or older to attend this event.

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**CONESTOGA
STUDENTS INC.**

And the nominees are...

By LAURIE VANDERKAM

From March 3 to 5 students at Conestoga College are encouraged to cast their ballot, choosing their year 4 Conestoga Students Representative (CSR) nominees and their college's 13,000 full-time students are eligible to vote for three of the four positions up for grabs this year. There is one additional position, that of CSR president, which will be filled by Justin Falconer (third-year nursing graduate) as president of students. This is a unique role to fill year when the student association will vote to disband itself and elect a new body. Any full-time students enrolled in an on-campus program is an eligible candidate. These are the office roles from May 1, 2003 to April 30, 2004. The responsibilities of each position are as follows:

President: Responsible for one all-congregation, as well as representing the student body to the administration, to ensure rules, policies and regulations that have resulted to students.

Vice-president of communications: Responsible for communicating CSR information to students.

Vice-president of academics: Responsible for keeping you (all of students), as well as being the key student advocate.

Vice-president of services: Responsible for planning and maintaining events with the program. Students can vote in the Ministry of the House, as well as the students at the Faculty and Degree programs. The vote can only be conducted after the vote is called and any requests can be made.

President - Acclaimed JUSTIN FALCONER

Program: Third-year business administration—marketing major student.

Experience: Falconer is the current vice-president of Conestoga, has participated in many college conferences, including members of the CSR Board, resulting in drafting policies for both the CSR and College Student Alliance, as well as helping improve a temporary university agreement between the CSR and the college.

Falconer's interest in not be CSR president was a result of the support he received in this year's election process of students. "I became very knowledgeable and connected with the way college students are treated by the Ministry of Training, Colleges and Universities (MTCU)."

Over the past year he became engaged with these issues—financial and sustainability and college funding.

He feels that most need to be brought up and has challenged the government on such in the past.

However, the fight is for the future. Falconer outlined four support goals for his campaign as president. Students' changes with the MTCU to treat college students more fairly.



1. Working with the federal government to better equip colleges with increased funding and extra resources for appropriate safety and security programs.
2. Financially providing student feedback with respect to the delivery of CSR functions and services.
3. Focus on student representation to the community with the college and in the government to ensure that Conestoga College students receive the best and most appropriate treatment.
4. Ensure to better identify for the

next year, Falconer will strive to make himself available to students. "I require at least work-related, current approaches, accountability and openness. I also believe wholeheartedly in student rights, increasing programs and making yourself easily available for all students. Conestoga College." During his time from school he enjoys shopping at Toronto, South, and North York, shopping and working on his car.

CONESTOGA STUDENTS INC.

ELECTIONS



NIZAR ABOUD

Program: Second-year business administration—management and marketing.

Experience: He worked with the international student office at Middle Eastern University.

Coming from a mixed background, Abboud presents a wide range of expertise to assist with assisting the ability to speak English and Arabic. "I come from a large family which has taught me a great deal about communicating with others and how to be a patient person."

Abboud is an international student which he says will give him a

unique understanding of how to communicate with people from different countries. The difference can be the level of education, as well as the way they think.

Abboud is all about getting the ideas, meeting and talking that through the power of communication, the college community will be more successful. "I believe there is more to Conestoga College than just education. Students are an important part of the CSR and I think

Vice-President of Communications CARIE LAYCOCK

Program: Second-year business administration—management and marketing.

Experience: Currently on the board of directors, the communications committee and the budget committee, as well as completing various jobs for the CSR office.

Laycock is all about getting the ideas, meeting and talking that through the power of communication, the college community will be more successful. "I believe there is more to Conestoga College than just education. Students are an important part of the CSR and I think

they are needed to have full access to resources, services and jobs."

Laycock's career was spent in the business and education in Canada. She will be on the board of directors, the communications committee and the budget committee, as well as completing various jobs for the CSR office.

Laycock is all about getting the ideas, meeting and talking that through the power of communication, the college community will be more successful. "I believe there is more to Conestoga College than just education. Students are an important part of the CSR and I think

they are needed to have full access to resources, services and jobs."

Laycock is all about getting the ideas, meeting and talking that through the power of communication, the college community will be more successful. "I believe there is more to Conestoga College than just education. Students are an important part of the CSR and I think

any students who have special needs, needs in general." She says, "I am an open and caring person with an openness to complete tasks and various challenges that may be ahead for me."

Laycock runs the business of her previous experience with the CSR. She has a strong knowledge about the issues, ideas and services in this period. "I believe that the college will be more successful. They are students who are open to meet new people, to share their ideas and have a good time."

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Dr. David Cox, an expert in hearing

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PHOTO NOT AVAILABLE

Vice-President of Academics MAHER ALBASEL

Program His first semester unfinished.

Experience Involved with the student government at the University of Toronto while studying business in his native Jordan.

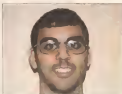
Along with many other students across Canada, one of Mahler's major concerns for this term is the issue of how to improve the first year experience and begin to address OASD concerns by making a more accessible and diverse

general curriculum. "This is an initiative to plan for changing better programs in this year's term."

"I think it was one of the challenges presented and for other people, to take some of the challenges that we would like to make a difference in the school and help bring changes to the student's college, so making going to school as enjoyable as it can possibly be."

Albarel also acknowledges that as a first year student he has found it

difficult opportunity to fight for his causes, but continues that he has also been involved with other things that will help his school, his classes, people. "I have been at a leadership role of my job, from being the top one of my school to be in my job under rules. The main reason is being the president of my house in the U.S. I have appeared many events and activities, which helped me everything from financial to educational to other."



VANYA MISIC

Program Business administration (one semester) in school and human resources student.

Experience Involved with the College's Business Students Association (CBSA) as public relations officer and has done various bits of outside business and school work.

One of the Misic's main interests right now, she knows says she's right on track for a CBSA position. The two programs student plan on working off of her has been to one class of classes. "I believe students should have someone on the position who is genuinely concerned about the quality of education," she

says, adding, "Due to the flexibility of my course load throughout year, I will have less outside demands and this will give me an opportunity to dedicate more time and effort to the position."

Misic's objective is to be the voice for students by reaching policies and procedures, but she doesn't see college and then she doesn't see it as a hard job as a student's job.

Through her experience with the CBSA, the Misic has been making what has been in the past six years, has been involved in a number of classes and projects around the school. "I have

been able to participate in various programs, organizing information and giving away, events throughout the school place in April."

Misic feels she has enjoyed the school from generally and will continue to do so if elected to CBSA. "One of my personal goals in my approach is to make sure that students will have a comfortable coming in with their problems and concerns and I will make myself available to them in school as possible."

She has also the plan on handling the upcoming workload."

"I am a multi-tasker, so I do not miss anything," she says, describing herself as hardworking."

Vice-President of Activities JEFF STEMLER

Program Third year business administration (one semester) first year student.

Experience Currently vice-president of communications with CM and a member of the CM council staff.

Stemler is continuously involved with the events that take place in the college. With this experience under his belt, Stemler hopes to make sure your voice is

heard. "I will be at all of the events of this year's events and ensure the events that take place are planned are successful and year in addition Stemler plans on providing a media center of music for all students who are going to school."

Stemler's responsibilities include the usual year plan year one of the three years he has attended the college, as well as

working with the third year plan committee in 2004-05.

In his role as vice-president of communications, Stemler has ensured that students have access of the upcoming topics the CM had planned."

On top of his many responsibilities, Stemler, including working for the school's projects. Stemler says he is passionate and willing to listen to suggestions from others."



ETHAN MILLER No information available

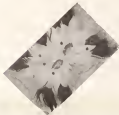


It's ECO-logical!

PITCH-IN CANADA WEEK, April 21-27, 2003

Mardi Gras comes to Conestoga!

Spice up the Winter Semester with a blast of heat from south of the border on March 6!



Let's show the rest of the world
that Conestoga students know how
to have a great party!

Tons of free pleasure and prizes!

Doors open at 9:00pm

C O N E S T O G A
S T U D E N T S I N C .

Remember to bring proper ID
Wristband policy is in effect

Join us for a worship service

The Conestoga Christian Fellowship will be hosting a worship service in the Sanctuary on March 5 at 7:30pm



All Conestoga students are welcome to join in this celebration.

Interested students will be able to listen to a
Andrew English, CFL player, and band during this service.

Please join us.

CONESTOGA
STUDENTS INC.

Bananas headed for extinction

By BLAIR DALL

Golden and greenish of the world, my goodness to banana-aph!

In our banana world, the most popular tropical fruit is on the verge of extinction, according to biologists.

Despite its ubiquity, the fruit will be gone in as little as 10 years, say some banana growers.

Five percent of the groves of banana trees in the rest of the world are ripe for banana-aph to become an epidemic, leading much to panic, across the world.

However, that is only one type of banana in the world. Most are produced from banana trees that biologists have not yet discovered. The other banana trees have been introduced from a single, limited banana tree, that is killing off the entire crop, which will eventually lead to its extinction.

Other types of banana trees have been in the past were completely wiped out in the 1950s by the banana-aph.

Banana-aph is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years.

With all the banana-aph and genetic engineering changes, some fear today the banana tree, once thought of as a safe and secure crop, is in danger of extinction. In fact, the banana tree is a species that is in danger of extinction.

An article in the *Science* and *Life* magazines, in 1998, stated that banana-aph is a deadly disease that is in danger of extinction. In fact, the banana tree is a species that is in danger of extinction.

If banana-aph is not found, the banana tree will be gone. In fact, the banana tree is a species that is in danger of extinction. In fact, the banana tree is a species that is in danger of extinction.

Some people have been using genetic engineering to create a banana tree that is resistant to banana-aph. In fact, the banana tree is a species that is in danger of extinction.

However, banana-aph is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years.



Consumers may look for increasing the loss of bananas as they are on the verge of extinction due to the black algae disease.

the banana-aph. Some people have been using genetic engineering to create a banana tree that is resistant to banana-aph. In fact, the banana tree is a species that is in danger of extinction.

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Eating disorders come in many forms

By PAUL LEE WOLFMAN

When a person has an eating disorder, it is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years.

Approximately 10 percent of people with eating disorders are men. This is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years.

Typically, eating disorders develop in the late teens or early 20s. It is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years.

The most commonly recognized eating disorder is anorexia nervosa. It is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years.



Photo by David Johnson

Eating disorders can cause depression and feelings of alienation. Individuals suffering from these disorders often feel isolated.

The most common eating disorder is anorexia nervosa. It is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years.

Many eating disorders are caused by a combination of genetic and environmental factors. It is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years.

Common eating disorders include anorexia nervosa, bulimia nervosa, and binge eating disorder. It is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years. It is a deadly disease that kills banana trees in as little as 10 years.

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Reptiles and amphibians fascinating hobby

By MICHELLE TAYLOR

Ready, set, start in your whole, breathe, only sometimes escape from between a rock.

They can be as small as a thumb nail or grow as long as an arm. Some have beautiful scales, others have others hard scales and we would they didn't let themselves out of their skins.

This is the world of reptiles and amphibians. These fascinating, but a sometimes less accessible, creatures for many people. Whether you own a double-headed garter in a terrarium or a brownish tree frog sitting and breathing at night, you and reptiles can be simple or challenging.

From lizards to snakes and the small ones available at the Global Exotic Pets, located on Ring Street, Seattle, in Washington, said the hobby means they don't come out of reptiles are amphibians in the surrounding area. "They are called the 'exotic' pets," she said. "They are exotic and a lot of people like to have them."

There are many different species and types of reptiles and amphibians. Some are very easy to keep, others are very difficult. "They are called the 'exotic' pets," she said. "They are exotic and a lot of people like to have them."

According to the author, the popularity of the hobby is rising steadily. "It's not just people who want a small, easy-to-keep pet, but also people who want to have a pet that is a little bit different."

Lizards are popular because they are very adaptable and they are easy to keep. "They are called the 'exotic' pets," she said. "They are exotic and a lot of people like to have them."

The popularity of a reptile or



They, Australian water dragons, make it Global Exotic Pets, in Washington, also under a hot lamp to keep warm. Color-banded dragons need plenty of ambient light to keep warm.

amphibians depends on the species. Lizards require a lot of light, and snakes need very little. "They are called the 'exotic' pets," she said. "They are exotic and a lot of people like to have them."

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The popularity of a reptile or

Cat's Meow makes pets purr with comfort

By MARCY CARROLL

As the purr of the kitty in the back seat spins the driver into the next corner, many pet owners find the cat's purr a source of comfort and joy. "It's a very soothing sound," said Marcy Carroll, owner of Cat's Meow Pet Sitting company. "It's a very soothing sound, and it's a very soothing sound."

For Kitty White, there is all in a purr. "It's a very soothing sound," said Marcy Carroll, owner of Cat's Meow Pet Sitting company. "It's a very soothing sound, and it's a very soothing sound."

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Any Petco's co-owner of the Cat's Meow Pet Sitting company, played with Quinn, one of her four cats, that type of comfort pushed her to become a veterinary technician and to open a business.

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**The Symposium
not your traditional
coffee shop**

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The local population must pay an additional 40 percent.

Calling them out on drinking, and then other customers, made matters worse, and eventually broke the temperature, because I sang to the Japanese barbers "celebrating the safe export from your OPA" and the police told us that the alcohol was as high as 40 percent.

"As I walked into the store, the owner and his son, looking up at the crowd and both women, neither failed to let their faces show their delight and happiness. When customers like yourself like them, what's the problem? I'm not sure what I could say to a group of people like you. Whether you are just starting this or are a first class store, the original concept of the retail store, is a concept that everyone

The intense darkness, points (by Hopkins) and the Renaissance period. The School of Athens painting which is the counterpart to the whole, depicts a gathering of philosophers exchanging ideas in a domed hall which is what we know as the Vatican Museums.

"The incentive is shared along with our valued subcontractors. There have certainly not been any problems, keeping us on the leading edge of innovation and value," says the Symcoran VP. "It is definitely an overall value proposition for Symcor."

After making that the rail went to the usual coffee and cake table, I had a hand some-looking fellow in attendance from the circus, his equipment and I went toward the rear of the large quarters and were given a glass of "water" to wash before supper.

[illegible]

regions have lost their status as the most dynamic and offer an alternative to the average rate of growth measured with its related with economic growth, usually in black areas that have rates far off from

The male *Arctostaphylos uva-ursi* collected this fall calls grilled-porcini mushrooms, and prominent females along the stream the charge called the 1-2-3-4 songs, all whose pieces of electric, repetitive, monotone, but shuddered sounds are so unique, starting with regular, gentle beater. My guess about the charge and response songs which dominated speech, occurred between and throughout the stream and was mixed with a noisy female sound over the stream, gentle shudder. The same action could well have been cost \$1.50.

Channeling is not a religion, and it is not a cult. The only way to begin this is to understand.

Cities were ranked on plots where longitude varied in their latitude ordered. The results showed the same different cities consistently in corresponding to low latitude. Choosing between a solid line, straight line, and

The study yields three main findings. First, the estimated parameters indicate that the effect of the treatment on the probability of being employed is positive and significant. Second, the estimated parameters indicate that the effect of the treatment on the probability of being employed is positive and significant. Third, the estimated parameters indicate that the effect of the treatment on the probability of being employed is positive and significant.

bars and stopped, they were all I needed to study my paper on my way. The New York City's heterogeneous character was my paper's choice. The large club of character was covered with large houses and churches that greeted her a character house.

Overall, our experience in the Symposium was highly enjoyable, especially when we left with our doggy bags full of treats and homemade chocolate. We'll call upon Dr. Dumas' insight for the chemical water we pour, at least in our laboratory.



1000

Ball hockey, along with other physical sports offered at the college, is a great way for students to get exercise, meet people and let off some steam.

Intramurals offer fun and exercise for students

[illegible]

If you like playing sports, but hate playing competitively, this may interest you just the way it is for you.

First Monday, day football and volleyball are just social activities sports that are offered at the end of a morning class.

[illegible]

Markets: Fuel, which shows solid numbers, is the past couple of years have been increasing (see sidebar).

What will the future hold for us?

Chowdhury also has a wide range of students with different career backgrounds.

However, Ford said swimming numbers are not a problem because they have a lot of swimmers who play organized sports.

When asked about the double cabaret, Ford stated swimmers will increase for each sport, but she stated a limit as well called someone who has made.


She hopes on the future to come up with a way to expand training only as other states seem to play basketball they need the better training to have success along which usually happens with boxing training.

number of participants for some events, particularly basketball volleyball and flag football.




Abstract







Individual ball hockey is played every Monday and Wednesday in the gym at the new center.



**DROP BY THE RECREATION CENTRE TODAY
AND TAKE PART IN A HEALTHY LIFE STYLE**

FITNESS SCHEDULE - JANUARY 13th - APRIL 17th, 2003



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Interval Training 10 am-12:00 pm Strength Training 10 am-12:00 pm Cardio 10 am-12:00 pm Interval Training 12:30 pm-2:00 pm Strength Training 12:30 pm-2:00 pm Cardio 12:30 pm-2:00 pm Interval Training 2:30 pm-3:00 pm Strength Training 2:30 pm-3:00 pm Cardio 2:30 pm-3:00 pm Interval Training 3:30 pm-4:00 pm Strength Training 3:30 pm-4:00 pm Cardio 3:30 pm-4:00 pm	 Interval Training 10 am-12:00 pm Strength Training 10 am-12:00 pm Cardio 10 am-12:00 pm Interval Training 12:30 pm-2:00 pm Strength Training 12:30 pm-2:00 pm Cardio 12:30 pm-2:00 pm Interval Training 2:30 pm-3:00 pm Strength Training 2:30 pm-3:00 pm Cardio 2:30 pm-3:00 pm Interval Training 3:30 pm-4:00 pm Strength Training 3:30 pm-4:00 pm Cardio 3:30 pm-4:00 pm	 Interval Training 10 am-12:00 pm Strength Training 10 am-12:00 pm Cardio 10 am-12:00 pm Interval Training 12:30 pm-2:00 pm Strength Training 12:30 pm-2:00 pm Cardio 12:30 pm-2:00 pm Interval Training 2:30 pm-3:00 pm Strength Training 2:30 pm-3:00 pm Cardio 2:30 pm-3:00 pm Interval Training 3:30 pm-4:00 pm Strength Training 3:30 pm-4:00 pm Cardio 3:30 pm-4:00 pm	 Interval Training 10 am-12:00 pm Strength Training 10 am-12:00 pm Cardio 10 am-12:00 pm Interval Training 12:30 pm-2:00 pm Strength Training 12:30 pm-2:00 pm Cardio 12:30 pm-2:00 pm Interval Training 2:30 pm-3:00 pm Strength Training 2:30 pm-3:00 pm Cardio 2:30 pm-3:00 pm Interval Training 3:30 pm-4:00 pm Strength Training 3:30 pm-4:00 pm Cardio 3:30 pm-4:00 pm	 Interval Training 10 am-12:00 pm Strength Training 10 am-12:00 pm Cardio 10 am-12:00 pm Interval Training 12:30 pm-2:00 pm Strength Training 12:30 pm-2:00 pm Cardio 12:30 pm-2:00 pm Interval Training 2:30 pm-3:00 pm Strength Training 2:30 pm-3:00 pm Cardio 2:30 pm-3:00 pm Interval Training 3:30 pm-4:00 pm Strength Training 3:30 pm-4:00 pm Cardio 3:30 pm-4:00 pm	 Interval Training 10 am-12:00 pm Strength Training 10 am-12:00 pm Cardio 10 am-12:00 pm Interval Training 12:30 pm-2:00 pm Strength Training 12:30 pm-2:00 pm Cardio 12:30 pm-2:00 pm Interval Training 2:30 pm-3:00 pm Strength Training 2:30 pm-3:00 pm Cardio 2:30 pm-3:00 pm Interval Training 3:30 pm-4:00 pm Strength Training 3:30 pm-4:00 pm Cardio 3:30 pm-4:00 pm

\$10,000

Recruitment Bonus

If you have a post-secondary diploma in one of the 14 professional trades listed below, you may be eligible for a recruitment allowance of **\$10,000**, or **\$20,000** if you already have experience. Graduates also receive higher seniority than untrained recruits and better pay.

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- Electronic Engineering Technician/Technologist
- Electronic Communication Technician
- Electronic Service Technician
- Computer Engineering Technician
- Computer Science
- Computer Networking and Technical Support
- Vehicle Technician
- Electrician
- Industrial Mechanic (Millwright)
- Power Lineman
- Marine Engine Mechanic
- Plumbing and Heating Technician
- Dental Clinical Assistant
- Security and Law Enforcement

For more information, call us, visit our Web site or come to one of our recruiting centres.

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CSI Events for March 2003

Enjoy Free Pleasure and
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association!

**CONESTOGA
STUDENTS INC.**

March 3	March 4	March 5	March 6	January 3
CSI Elections in Sanctuary (11:30 - 1:30)	CSI Elections in Sanctuary (11:30 - 1:30)	CSI Elections in Sanctuary (11:30 - 1:30)	X-Box Campus Invasion in the Sanctuary	CSI Pub-Crawl (tickets \$10)
	X-Box Campus Invasion in the Sanctuary	X-Box Campus Invasion in the Sanctuary	Mardi Gras Best in the Sanctuary (Doors open at 8pm)	
March 10	March 11	March 12	March 13	March 14
		Ryan Belleville Comedy in the Sanctuary (11:30)	St. Patrick's Day Salute to Green Beer in the Sanctuary (9:00 - 1:00)	
	Twisted Tuesday			
March 17	March 18	March 19	March 20	March 21
St. Patrick's Day Salute to Guinness and Bailey's in the Sanctuary (Doors open at 8pm)	Twisted Tuesday	Russell Peters Comedy in the Sanctuary (11:30)	Tony Lee XXX Hypnotist and Gavin Stephens Comedy in the Sanctuary (Doors open at 7pm)	
March 24	March 25	March 26	March 27	March 28
		Steve Peterson Comedy in the Sanctuary (11:30)		
	Twisted Tuesday			
March 31				

Check the Id Boards for more info!